Becoming a Merchant Mariner:

Steps for upgrading to an Able Seaman (AB) from OS **Merchant Mariner Credential**

(from the United States Coast Guard National Maritime Center)



There are several different ratings of Able Seaman. It is recommended you check with your employer to determine the right AB level required. The Seatime requirements from the USCG are:

AB Fishing—180–8hr days AB Sail—180—8hr days AB Offshore Supply Vessel (OSV) - 180- 8hr days

Verify your Seatime

Exam

AB Special—360—8hr days AB Limited — 540-8hr days AB Unlimited-1080-8hr days

Training: Lifeboatman—or Lifeboatman—Limited—4 days Training Lifeboatman, sometimes called Personal Survival Craft (PSC) is a hands on course of the practical use and procedures of using a lifeboat. Courses often include in lieu of a USCG exam certificate

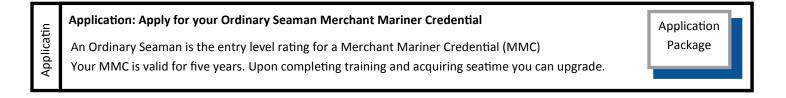
Exam: USCG Able Seaman Exam

In addition to Sea Service, and training, a practical demonstration, as well as written and oral exam is required to upgrade your MMC.

Frequency: One time only

Application: Apply for a Transportation Worker Identification Card Applicatin Seatime A TWIC is a federal ID card required of all merchant mariners. You will need your card to apply for your Required MMC, and later to access terminals and port security

	Complete a USCG Physical and Drug Test	
Medical	Your primary care provider can preform they physical and complete USCG Form 719E. The drug test will need to be completed by a USCG approved provider along with USCG 719P	USCG Forms



Course Providers

Course

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